Strengths and Abilities

Circle or highlight Strengths and Abilities that are applicable to:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (add your name)

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| --- | --- | --- |
| Strengths and Abilities Checklist | | |
| Adaptable | Entertaining | Optimistic |
| Articulate | Generous | A philosopher |
| Artistic | Grateful | Practical |
| Athletic | Hard-working | Sincere |
| Clever | Imaginative | Skillful |
| A communicator | Insightful | Spiritual |
| Confident | Intelligent | A teacher |
| Dexterous | Kind | Trustworthy |
| Diplomatic | A leader | Understanding |
| Energetic | Open-minded | A visionary |